

1 **Effects of different routes of administration on the immunogenicity of**
2 **the Tat protein and a Tat-derived peptide**

3 **Running title: Tat protein administered by different routes**

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15 **Abstract**

16 The use of the Tat protein of HIV in vaccines against AIDS showed promising results in primate
17 and human studies. To characterize the impact of the administration route on the induction of
18 humoral responses at systemic and mucosal levels, we compared intradermal, intramuscular and
19 mucosal immunizations with Tat and a Tat-derived peptide. Mice were immunized with the Tat
20 protein by different routes and the titer and isotype of anti-Tat antibodies were assessed in serum
21 and mucosal lavages. Intramuscular and intradermal administrations showed comparable
22 immunogenicity, while the mucosal administration was unable to induce IgM in serum and IgG at
23 mucosal sites but showed superior immunogenicity in terms of IgA induction. Anti-Tat antibodies
24 were also obtained upon vaccination with the immunodominant Tat 1-20 peptide which was,
25 however, less immunogenic than the whole Tat protein.

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28 The Tat protein of HIV plays a key role in the viral life cycle and progression to AIDS ¹⁻⁴ and anti-
29 Tat humoral and cellular responses correlate with disease control in HIV-infected individuals. ⁵⁻¹¹
30 Thus, the inclusion of Tat in preventive and therapeutic vaccines has been pursued by several
31 groups showing promising results in nonhuman primates ¹²⁻¹⁶ and in phase I and II clinical trials.<sup>16-
32 ¹⁹ However, the development of vaccines able to induce protective responses has to face some
33 major challenges such as: i) the compliance requested for mass immunizations; ii) the induction of
34 immune responses in mucosal tissues, which are the predominant sites of HIV acquisition;²⁰ and
35 iii) the isotypes of antibodies elicited, which may influence the level of vaccine efficacy.²¹ These
36 factors may be modulated by the administration route. Intramuscular (IM) administration is widely
37 used for vaccinations, although intradermal (ID) administration has been shown to be safe, well
38 tolerated, less painful ²²⁻²⁴ and to require lower doses ^{22,25,26} due to the higher number of
39 professional antigen presenting cells found in the skin than in the muscle.²⁷ Therefore, the ID route
40 may be a relevant strategy for mass immunization, and clade B Tat protein has been administered
41 by this route in two phase II clinical trials ¹⁷ and unpublished data after having shown superior
42 immunogenicity when administered ID rather than subcutaneously in phase I clinical trials. ^{18,19} At
43 the same time, the oral administration is gaining interest for its high compliance and the capability
44 of inducing mucosal responses.²⁸ However, to our knowledge, neither IM nor oral administration of
45 the Tat protein have ever been compared to the ID route.</sup>

46 Thus, to assess the effects of the administration routes on the immunogenicity of the Tat protein,
47 groups of mice were immunized with 30 µg of Tat ¹⁷ by ID, IM route or through the oral mucosa
48 (OM) in the absence of adjuvants. ID and IM injections were performed in two sites on the back
49 while, for OM immunization, mice were deprived of water 6 h before immunization and the
50 immunogen was delivered in the mouth through a pipett tip. The dose of 30 µg was chosen because
51 preliminary experiments showed that ID immunization with 30 µg of Tat protein induced higher
52 anti-Tat IgG and IgM titers, as compared to immunization with 1 and 7.5 µg of protein (Fig. 1), and

53 its injection was safe and well tolerated by mice as demonstrated by periodical observation of
54 spontaneous activity (Irwin Test) and histological studies of organs (not shown).²⁹

55 Thus, animals were immunized at days 1, 14 and 28 by ID, IM or OM route. Serum and mucosal
56 samples were collected at day 42 and tested for the presence of anti-Tat antibodies.^{30,31}

57 Anti-Tat IgG were present in sera of all animals (Fig. 2A) with titers comparable among groups
58 (Fig. 2B). In contrast, anti-Tat IgM in serum were present at similar levels in all mice injected IM or
59 ID, but not in mice immunized OM (Fig. 2A and C). Interestingly, the OM route was the only one
60 capable of inducing serum anti-Tat IgA antibodies in 71% of vaccinated mice (Fig. 2A and D).

61 To determine whether Tat immunization elicited antibodies in mucosal secretions, we next assessed
62 anti-Tat humoral responses in vaginal and intestinal lavages. As shown in Fig. 3A, OM
63 immunization did not induce anti-Tat IgG in vaginal secretions, that were barely detected in some
64 mice injected ID or IM (Fig. 3B), while the different routes of administration did not show
65 significant differences in terms of anti-Tat IgA responses (Fig. 3C). Analysis of intestinal lavages
66 showed that the ID and IM routes induced higher titers of anti-Tat IgG than the OM administration
67 (Fig. 3D-E), whereas only the OM route of immunization induced anti-Tat IgA in intestinal
68 secretions (Fig. 3D and F, $p < 0.05$). Thus, while IM and ID administration of Tat were comparable
69 for location and titers of antibodies elicited, the OM route showed a different pattern of responses
70 inducing preferentially IgA both in serum and in mucosal lavages. Further studies aimed at
71 assessing dose-dependence of immune responses and biodistribution of the Tat protein may be
72 important to define the most effective vaccination protocol. This is particularly relevant for OM
73 immunization since the antigen may have several fates (mainly adsorbed through the oral mucosa,
74 but also part of it may be ingested).

75 It has been recently shown that antibodies directed against the N-terminus region of Tat, which is
76 the most immunogenic in terms of humoral responses,^{32,33} protect monkeys from infection
77 acquisition,¹⁵ suggesting that the Tat 1-20 peptide constitutes an interesting candidate for a
78 preventive vaccine. To assess how different routes of administration may affect humoral

79 immunogenicity of peptide vaccines, mice were vaccinated 3 times (at days 1, 14 and 28), by ID or
80 OM route, with Tat 1-20 peptide (EPVDPRLEPWKHPGSQPKT, synthesized by solid phase
81 method and purified by HPLC to >98% purity by UF Peptides, University of Ferrara, Italy),
82 encompassing an immunodominant Tat epitope,^{32,33} at the dose of 7 µg. This dose contains the
83 same number of molecules of 30 µg of Tat protein. Serum samples were collected at day 42 to
84 assess systemic humoral responses against the Tat 1-20 peptide. As shown in Fig. 4A-B, IgG
85 antibodies were almost absent in mice vaccinated with the peptide, irrespective to the administration
86 route, while they were present in all mice vaccinated with the whole protein (Fig. 2A), suggesting
87 that the peptide is, at least in the absence of a proper adjuvant or delivery system, much less
88 immunogenic than the whole Tat protein. Anti-Tat 1-20 IgA were absent in all groups while,
89 consistent with what previously observed, anti-Tat 1-20 IgM were present at higher frequencies in
90 mice immunized ID rather than OM, although differences did not reach statistical significance (Fig.
91 4A and C). All mice possessing antibodies against the peptide were also able to recognize the whole
92 protein (not shown).

93 Interestingly, our results show that the Tat protein is immunogenic when administered orally. OM
94 administration of the Tat protein failed in eliciting IgM but induced serum IgG responses and both
95 serum and mucosal IgA. Although we did not evaluate immune responses induced by OM
96 immunization with other proteins, which may differ from Tat for water solubility, stability and cell
97 penetration capacity, these results show that this strategy may be further explored as a way to
98 induce IgA mucosal responses. This may be of particular relevance for the development of vaccines
99 against HIV/AIDS or other infectious diseases, which are transmitted mostly by mucosal routes.³⁴

100 The immunogenicity of oral administration, which may be further boosted by proper adjuvants or
101 different vaccination schedules,^{28,35} could be due to the binding properties of Tat. Indeed, some
102 studies have shown that the oral administration of antigens capable of binding to mucosal surface
103 induces strong immune responses.³⁶ In fact, Tat has been reported to bind to heparan sulphate

104 proteoglycans present in the extracellular matrix and on the cell membranes^{37,38} as well as to
105 integrins present on the cellular surface of professional antigen presenting cells.³⁹
106 However, some issues still need to be solved in the field of mucosal vaccines. Intriguingly, although
107 mucosal responses were not investigated, data from the RV144 phase 3 trial suggests that serum
108 IgA may actually abrogate vaccine efficacy conferred by serum anti-Env IgG.⁴⁰ Moreover, it is still
109 unclear whether optimal mucosal immune responses are elicited by vaccines delivered mucosally or
110 by systemic immunizations inducing strong immune responses crossing-over into mucosal sites.
111 Although, ID, IM and OM routes induced comparable amounts of IgG in serum, the OM route
112 almost failed in inducing IgG in intestinal and vaginal lavages, which were present at higher
113 frequency and titers in ID and IM immunized animals. These differences may depend on the site of
114 antigen presentation and thus to a different location of actively secreting plasmacells.
115 In conclusion, this study demonstrates that the IM administration of the Tat protein induced
116 humoral responses comparable to those elicited by the ID route. Moreover, we explored the oral
117 vaccination, a promising option which needs more formulation efforts to improve its efficiency
118 further to the clarification of serum IgA role in protection from acquisition and progression to
119 AIDS.

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270 **Legends to figures**

271 **Figure 1.** Characterization of anti-Tat humoral responses in sera. Serum samples of mice
272 immunized three times ID with Tat protein at the dose of 1, 7.5 or 30 µg were collected at day 42
273 from retro-orbital plexus and the presence of anti-Tat IgG and IgM was evaluated by Elisa test.
274 Briefly, 96-well plates were coated with Tat (100 ng/200 µl/well) in 0.05 M carbonate buffer (pH
275 9.6) for 18 hours at 4°C. Plates were washed with PBS containing 0.05% Tween 20 (Sigma-
276 Aldrich, Milan, Italy), and incubated for 90 minutes at 37°C with blocking buffer. The following
277 blocking buffers were used: PBS containing 0.05% Tween 20 and 1% BSA (for IgG) and PBS
278 containing 0.05% Tween 20 and 3% BSA (for IgM). After extensive washes, serial dilutions of each
279 serum were dispensed in duplicate wells (100 µl/well) and incubated for 90 minutes at 37°C. Plates
280 were washed again before the addition of 100 µl/well of HRP-conjugated goat anti-mouse IgG or
281 IgM (Sigma), and incubated at 37°C for 90 minutes. After incubation, plates were washed five
282 times and subsequently a solution of 2,2'-Azinobis [3-ethylbenzothiazoline-6-sulfonic acid]-
283 diammonium salt (ABTS) substrate (Roche) was added. The absorbance values were measured at
284 405 nm with an automatic plate reader (SUNRISE TECAN Salzburg-Austria). The cut-off value
285 was estimated as the mean OD of 3 negative control sera plus 0.05. Each OD value was subtracted
286 of the blank and cut-off values to obtain a net OD value and IgG titers calculated by intercept
287 function. (A) Titers of serum anti-Tat IgG. (B) Titers of serum anti-Tat IgM. *p<0.05, **p<0.01
288 according to two-tailed Mann Whitney test. Results of 2 independent experiments are shown. Dots
289 represent single mice and lines represent the means +/- SEM.

290

291 **Figure 2.** Characterization of anti-Tat humoral responses in sera. Serum samples of mice
292 immunized three times ID, IM or OM with Tat protein (30µg) were collected at day 42 and the
293 presence of anti-Tat IgG, IgM and IgA was evaluated by Elisa test. Elisa test for IgA evaluation was
294 performed using PBS containing 0.1% Tween 20 and 1% BSA as block buffer. (A) Proportion of

295 mice that developed serum anti-Tat IgG, IgM and IgA. Frequencies of anti-Tat positive mice were
296 compared among different groups using two-tailed Fisher's exact test. Anti-Tat positivity was
297 determined by titers >100, 50 and 25 for IgG, IgM and IgA respectively. **(B)** Titers of serum anti-
298 Tat IgG. **(C)** Titers of serum anti-Tat IgM. **(D)** Titers of serum anti-Tat IgA. * $p < 0.05$, ** $p < 0.01$
299 according to two-tailed Mann Whitney test. Results of 2 independent experiments are shown. Dots
300 represent single mice and lines represent the means +/- SEM.

301

302 **Figure 3.** Characterization of anti-Tat humoral responses in mucosal lavages. Mucosal samples of
303 mice immunized three times ID, IM or OM with Tat protein (30 μ g) were obtained at day 42 by
304 repeated flushing and aspiration with 0.5 ml of PBS containing a protease inhibitor cocktail (Roche,
305 Mannheim, Germany). The presence of anti-Tat IgG and IgA was evaluated by Elisa test.
306 Proportion of mice that developed anti-Tat IgG and IgA in **(A)** vaginal and **(D)** intestinal lavages.
307 Frequencies of anti-Tat positive mice were compared among different groups using two-tailed
308 Fisher's exact test. Anti-Tat positivity was determined by titers >50 and 25 for IgG and IgA
309 respectively. Titers of anti-Tat IgG in **(B)** vaginal and **(E)** intestinal lavages. Titers of anti-Tat IgA
310 in **(C)** vaginal and **(F)** intestinal lavages. * $p < 0.05$ according to two-tailed Mann Whitney test.
311 Results of 2 independent experiments are shown. Dots represent single mice and lines represent the
312 means +/- SEM.

313

314 **Figure 4.** Characterization of anti-Tat 1-20 peptide humoral responses in sera. Serum samples of
315 mice immunized three times ID or OM with the Tat 1-20 peptide (7 μ g) were collected at day 42 and
316 the presence of anti-Tat 1-20 peptide IgG, IgM and IgA was evaluated by Elisa test (plates were
317 coated with Tat 1-20 peptide at the dose of 100ng/200 μ l/well). **(A)** Proportion of mice that
318 developed serum anti-Tat 1-20 peptide IgG, IgM and IgA. Frequencies of anti-Tat 1-20 peptide
319 positive mice were compared among different groups using two-tailed Fisher's exact test. Anti-Tat
320 1-20 peptide positivity was determined by titers >100, 50 and 25 for IgG, IgM and IgA respectively.

321 (B) Titers of serum anti-Tat 1-20 peptide IgG. (C) Titers of serum anti-Tat 1-20 peptide IgM.
322 Results of 2 independent experiments are shown. Dots represent single mice and lines represent the
323 means +/- SEM.

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