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## Dipolar Magnetic Interactions in Mn-Doped Magnetite Nanoparticles Loaded into PLGA Nanocapsules for Nanomedicine Applications

Lucia Del Bianco, Federico Spizzo, Paolo Sgarbossa, Elisabetta Sieni, Gianni Barucca, Maria Rosaria Ruggiero, and Simonetta Geninatti Crich

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4 **Nanocapsules for Nanomedicine Applications**  
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8 L. Del Bianco<sup>1\*</sup>, F. Spizzo<sup>1</sup>, P. Sgarbossa<sup>2</sup>, E. Sieni<sup>3</sup>, G. Barucca<sup>4</sup>, M. R. Ruggiero<sup>5</sup>, S. Geninatti  
9 Crich<sup>5</sup>  
10  
11

12 <sup>1</sup> Dipartimento di Fisica e Scienze della Terra, Università di Ferrara, I-44122 Ferrara, Italy

13 <sup>2</sup> Dipartimento di Ingegneria Industriale, Università di Padova, I-35131 Padova, Italy

14 <sup>3</sup> Dipartimento di Scienze Teoriche e Applicate – DiSTA, Università dell’Insubria, I-21100 Varese,  
15 Italy  
16  
17

18 <sup>4</sup> Dipartimento SIMAU, Università Politecnica delle Marche, I-60131 Ancona, Italy

19 <sup>5</sup> Dipartimento di Biotecnologie Molecolari e Scienze per la Salute, Università di Torino, I-10126  
20 Torino, Italy  
21  
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23 \*Corresponding author. E-mail address: lucia.delbianco@unife.it  
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**Abstract**

Nanocapsules made of PLGA copolymer and with a different load of oleate-coated Mn-doped magnetite nanoparticles are studied for potential nanomedicine applications as nanocarriers with magnetic functionalities, in particular magnetic heating. The mean size of the PLGA nanocapsules and of the magnetic nanoparticles is around 200 nm and 8 nm, respectively. The aim is to study to what extent the different concentration of magnetic nanoparticles and their confinement into the PLGA nanocapsules affect their spatial arrangement and their magnetic interaction. This is crucial for making progress in the field of magnetic nanocarriers, tailoring their magnetic properties and thus optimizing their performance.

The results obtained by combining structural and magnetic analyses indicate that the nanoparticles form aggregates into the PLGA nanocapsules - reaching larger dimension in the sample with the higher magnetic load - and that the dipolar interactions rule the magnetization process and the magnetic relaxing behaviour, which are factors determining the magnetic heating capacity. In particular, a double role of the dipolar interactions in the magnetic heating mechanism is highlighted: they stabilize the magnetic moments of the nanoparticles against superparamagnetism and give rise to low-remanence magnetic configurations of the nanoparticle aggregates. While the first effect enhances the heating efficiency, the second one appears harmful.

## 1. INTRODUCTION

During the last decade the studies on the applications of magnetic nanoparticles in nanomedicine have been impelled by the growing interest for theranostics, namely the creation of medical platforms able to combine therapeutic and diagnostic functions<sup>1,2,3,4</sup> In fact, magnetic nanoparticles can be considered as intrinsic theranostic elements since they can act simultaneously as magnetic contrast enhancers in magnetic resonance imaging (MRI) and as hyperthermia agents, under an alternating magnetic field, in the treatment of cancer.<sup>5,6,7</sup> Moreover, magnetic nanoparticles coated with biocompatible surfactants (polymers, such as dextran or PEG, as well as inorganic materials, such as silica or gold) and functionalized to bind drug molecules and/or biotargeting agents (antibodies, proteins, hormones, etc.) can be used for targeted drug delivery driven by a magnetic field gradient.<sup>8, 9, 10, 11, 12</sup>

Indeed, the functionalities of magnetic nanoparticles can be expanded, combined and tuned by using them in the formulation of hybrid nanocomposite materials. An extraordinary variety of magnetic systems has been created, consisting of nanoparticles - often made of spinel iron oxides due to their good biocompatibility, compared to other magnetic phases - embedded in a matrix, whose chemical and structural characteristics determine the possible use of the final material. Thus, magnetic nanoparticles have been incorporated in different types of polymeric matrices,<sup>13, 14, 15, 16, 17</sup> dendrimers,<sup>18</sup> hydrogels,<sup>19, 20, 21</sup> liquid crystals<sup>22</sup> as well as in cellulose,<sup>23</sup> silk<sup>24</sup> and biomimetic hydroxyapatite,<sup>25</sup> for applications ranging from drug delivery and release,<sup>26, 27</sup> to production of biomimetic magnetic scaffolds for tissue regeneration,<sup>28, 29</sup> to magnetic field driven actuators.<sup>30, 31</sup>

In other formulations, the magnetic nanoparticles are loaded on nanocarriers, namely the matrix in which they are encapsulated is also structured on the nanometric scale. Also in this case, materials of different nature have been employed, such as polymers,<sup>32, 33</sup> mesoporous silica nanoparticles,<sup>34</sup> liposomes.<sup>35, 36, 37</sup> In this field, some studies have been reported about magnetic nanoparticles in nanocapsules of poly(lactic-co-glycolic acid) (PLGA),<sup>38, 39, 40, 41, 42</sup> a copolymer approved for human use, largely used for drug delivery applications due to its good biodegradability and biocompatibility.<sup>43, 44</sup>

The incorporation of magnetic nanoparticles, with size of the order of 10 nm, in PLGA nanocapsules, with typical size of the order of 100 nm, is aimed at realizing highly biocompatible vectors, which, by virtue of their magnetic functionality, can be possibly driven to a specific target, where they can release their load. Together with the nanoparticles themselves, the load may consist

of drug molecules, bound to the nanoparticles or encapsulated separately in the PLGA. One of the main advantages of this formulation is that the release can be favored and controlled by exploiting the magnetic heating to thermally promote the PLGA nanocapsule destruction.

It is to be noted that in most preparations the nanoparticles are stabilized toward aggregation by coating with oleate, which is insoluble in water.<sup>45, 46, 47</sup> Hence, another important advantage of incorporating the nanoparticles in PLGA is to allow their dispersion in water and thus increase their bioavailability.

From the magnetic point of view, the nanocarriers constitute very interesting systems in which the magnetic nanoparticles are spatially confined at the nanoscale and generally subjected to interparticle dipolar magnetic interactions. The nanoparticles are not free to move and their spatial arrangement depends to some extent on the geometric and structural features of the nanocarriers into which they are loaded. The arrangement of the nanoparticles may affect the way in which they interact magnetically and vice versa. In turn, the magnetic interactions influence the magnetic configuration of the magnetic moments of the nanoparticles<sup>48, 49</sup> and alter the magnetic relaxation processes,<sup>50</sup> which are factors closely related to the heating efficiency.<sup>47, 51, 52, 53, 54, 55</sup>

The magnetic properties of the nanocarriers also depend on the concentration of the loaded nanoparticles, which is established on the basis of the specific envisaged application. As general attention, the magnetic load should not be so high as to excessively increase the mass density of the nanocarriers since this can reduce their dispersion stability and lead to sedimentation effects. A high fraction of magnetic nanoparticles is advisable, for instance, to enable external magnetic guidance of the magnetic nanocarriers,<sup>38</sup> whereas a lower fraction may be sufficient for promoting the degradation of the PLGA by magnetic heating.<sup>40</sup> However, changing the concentration of magnetic nanoparticles can clearly influence the strength of the interparticle magnetic interactions and hence modify the functionality of the nanocarriers in an unexpected or unwanted way.

In this work, this specific item is addressed through the experimental study of PLGA nanocapsules loaded with oleate-coated Mn-doped magnetite nanoparticles. The Mn-doping, namely the substitution of  $\text{Fe}^{2+}$  ions with  $\text{Mn}^{2+}$  ions in the spinel structure of  $\text{Fe}_3\text{O}_4$ , is expected to enhance the saturation magnetization of magnetite,<sup>52, 56, 57, 58</sup> thus compensating, at least in part, for the detrimental effect of the spin-canting phenomenon, which usually decreases the magnetization of magnetic nanoparticles compared to the bulk counterpart.<sup>59, 60, 61</sup> The improvement of the saturation magnetization is beneficial both for the magnetic heating efficiency and for the magnetic

transport.<sup>62, 63</sup> Moreover, it has been reported that the Mn-doping can increase the contrast ability of magnetite nanoparticles in MRI.<sup>58, 64</sup>

Therefore, our study concerns potentially interesting samples for nanomedicine applications and the main objective is to clarify the complex relationship between the structural properties of the nanoparticles, their spatial configuration, as determined by the circumstance of being entrapped into the PLGA nanocapsules, and their magnetic behavior.

We report about two selected samples with a markedly different load of magnetic nanoparticles. In both cases, the weight fraction of the magnetic nanoparticles is in minority with respect to the whole sample mass, which is in favor of a possible use for controlled drug release in combination with magnetic heating.

The purpose of our study is pursued by investigating the magnetic properties of the PLGA nanocapsules and their dependence on the amount of loaded nanoparticles by SQUID magnetometry and <sup>1</sup>H Nuclear Magnetic Relaxation Dispersion (NMRD) profiles, in combination with compositional and structural analyses by different techniques, in particular electron microscopy (TEM, SEM). The obtained results are correlated to the magnetic heating capacity of the samples, highlighting the decisive role of the dipolar magnetic interactions. This methodological approach is crucial in order to make progress in the field of magnetic nanocarriers in the direction of being able to tailor their functions and optimize their performance.

## 2. MATERIALS AND METHODS

### 2.1 Preparation of the samples

#### 2.1.1 Synthesis of the Mn-doped magnetite nanoparticles

The oleate-coated Mn-doped magnetite nanoparticles are produced by thermal decomposition from organometallic precursors, following the method developed by S. Sun et al.,<sup>45</sup> as we have described elsewhere.<sup>52</sup> Typically, 2.12 g (6.00 mmol) of iron(III) acetylacetonate, [Fe(acac)<sub>3</sub>], and 0.76 g (3.00 mmol) of manganese(II) acetylacetonate, [Mn(acac)<sub>2</sub>], are mixed with 5.65 g (20.0 mmol) of oleic acid, 5.35 g (20.0 mmol) of oleylamine, and 6.91 g (30.0 mmol) 1,2-tetradecanediol in 100 ml of benzyl ether, under nitrogen atmosphere. The dark red solution is magnetically stirred and heated with a mantle at 200°C for 120 minutes and then at 300°C for 150 minutes. After cooling the black suspension to room temperature, it is poured in 300 ml of ethanol and magnetically separated. The obtained nanoparticles are washed three times with 50 ml of ethanol and dried under vacuum. For

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3 the preparation of the magnetic PLGA samples, the nanoparticles are redispersed in n-octane and  
4 stored as 10 mg/mL suspension.

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6 The Mn-doped magnetite nanoparticles obtained through this procedure are labelled as MagNPs.

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8 In the 10 mg/mL of MagNPs suspension the amount of Fe and Mn, as assessed by the ICP-MS  
9 elemental analysis, are  $(84 \pm 2)$  mM and  $(16.5 \pm 0.5)$  mM, respectively, corresponding to a Mn/Fe  
10 atomic ratio of  $(0.20 \pm 0.01)$ .  
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### 14 15 *2.1.2 Synthesis of the samples of PLGA + MagNPs*

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17 The samples of PLGA + MagNPs are obtained using an oil-in-water (o/w) emulsion solvent  
18 extraction method. The emulsion is prepared by dissolving 25 mg of Poly(D,L-lactide-co-glicolide)  
19 (PLGA) (RG 502H 50:50, average molecular weight (Mw) 30 000–60 000 Da) and MagNPs in 0.5  
20 mL of chloroform, called phase 1. Two samples are prepared with two different amounts of  
21 MagNPs belonging to the very same batch: 10 mg and 1 mg per 25 mg of PLGA, respectively. The  
22 sample prepared with higher concentration of magnetic nanoparticles is labelled PHC, whereas the  
23 one with lower concentration is labelled PLC.  
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29 Phase 2 consists of 3% w/v poly (vinyl alcohol) (PVA), Mw 31 000–50 000 Da (98%–99%  
30 hydrolyzed) aqueous solution (3 ml). Phase 1 is added into phase 2 drop by drop and sonicated with  
31 a tip sonicator (UW2070, Bandelin electronic, Berlin) for 300 s at 100% power. The final emulsion  
32 is transferred to a 100 mL round-bottomed flask and put into a rotary evaporator at 740 mmHg and  
33 30 rpm for 150 min to remove the organic solvent. The excess of PVA is removed washing the  
34 emulsion by ultrafiltration using vivaspin filters (Sartorius) (cutoff  $1 \times 10^6$  Da) by centrifugation at  
35 2655 rcf three times with 20 mL of NaCl (0.15 mM) /Hepes (5mM) buffer (HBS). Centrifugation is  
36 applied to force solvent through the membrane, leaving a more concentrated sample in the upper  
37 chamber. During ultrafiltration also the magnetic nanoparticles which do not remain entrapped into  
38 the PLGA nanocapsules are removed by the solution. At the end of the synthetic process, the two  
39 PLGA+MagNPs preparations are suspended in HBS buffer. For the magnetic measurements, 1 mL  
40 of PHC and PLC is lyophilized in high vacuum. The entrapment yield is of 44% and 51% for PHC  
41 and PLC respectively, obtained by measuring Mn and Fe concentrations in the final solutions by  
42 ICP-MS. A preparation of PLGA without magnetic load, indicated as  $PLGA_{Ref}$ , is used as reference  
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## 2.2 Characterization techniques

Transmission electron microscopy (TEM) observations are carried out using a TECNAI FEI G2 microscope. For this purpose, the MagNPs are dispersed in n-hexane whereas the two PLGA+MagNPs preparations are further diluted in water; then a drop of the suspension is cast on a carbon coated copper grid for the analysis.

Scanning electron microscopy (SEM) observations are performed on the PLGA+MagNPs and PLGA<sub>Ref</sub> samples, in the form of liquid suspensions, by means a Zeiss Supra 40 field-emission microscope (Carl Zeiss Microscopy GmbH, Jena, Germany). To this end, a drop of suspension is deposited on a commercial aluminum stub and kept in air until complete evaporation of the solvent. Due to the low accelerating voltage used in the SEM (5kV), the samples are observed without any conductive coating.

The amount of Fe and Mn in MagNPs, PLC and PHC is assessed by using inductively coupled plasma mass spectrometry (ICP-MS; Element-2; Thermo-Finnigan, Rodano (MI), Italy). Sample digestion is performed by means of microwave heating for 14 min at 160 °C in 1 mL of concentrated HNO<sub>3</sub> (70%) (Milestone, Ethos Up Microwave Digestion System, Bergamo, Italy).

Dynamic light scattering (DLS) measurements are carried out on PHC and PLC using a Malvern Zetasizer 3000HS (Malvern, UK). The PHC and PLC samples are analyzed at temperature T = 25 °C in filtered (cutoff, 200 nm) HBS buffer (pH 7.4). The particle size distribution is derived from a deconvolution of the measured intensity autocorrelation function of the sample using a non-negatively constrained least squares (NNLS) fitting algorithm, a common examples being CONTIN.

The magnetic properties of MagNPs, PHC and PLC are studied on the samples in the dried form by a superconducting quantum interference device (SQUID) magnetometer operating in the 5 – 300 K temperature range (maximum applied field  $H_{\text{appl}} = 50$  kOe, sensitivity  $10^{-7}$  emu). The weight of the samples is measured with a precision of  $10^{-5}$  g in order to evaluate the specific magnetization (magnetic moment/sample mass).

$1/T_1$  nuclear magnetic relaxation dispersion (NMRD) profiles of PHC and PLC are measured, at temperature T = 25 °C, over a continuum of magnetic field strength from 0.00024 to 0.24 T



(corresponding to 0.01–10 MHz proton Larmor frequency), on the fast field cycling (Stelar SMARTRACER). The relaxometer operates under complete computer control with an absolute uncertainty in the  $1/T_1$  values of  $\pm 2\%$ . The typical field sequences used are the non-polarized (NP) sequence between 10 and 7 MHz and pre-polarized (PP) sequence between 7 and 0.01 MHz. The observation field is set at 7.2 MHz while the polarization field at 9 MHz.  $T_1$  is determined by the saturation recovery method. 16 values of delay between pulses are used.

Magnetic heating tests are carried out on the samples in the form of suspension, in an alternating magnetic field in a custom-made apparatus equipped with a 7-turns inductor, 8 cm internal diameter, 15 cm long, supplied by an EASYHEAT L1 5060 10.0 kW (Ambrell) generator.<sup>65</sup> The temperature is measured by a Optocom Fotemp-1H thermometer with a TS3/2 fiber optic.

### 3. RESULTS AND DISCUSSION

#### 3.1 Structure and composition of the Mn-doped magnetite nanoparticles

The ferrite cubic spinel structure of the produced nanoparticles (sample MagNPs) is confirmed by the X-ray diffraction (XRD) analysis. The spectrum features broad diffraction peaks corresponding to the structure of magnetite (Figure S1, Supporting Information). Indeed, the XRD investigation cannot provide evidence of Mn-doping in the produced magnetic nanoparticles because  $\text{Fe}_3\text{O}_4$  and  $\text{MnFe}_2\text{O}_4$  are isostructural phases and the values of the interplanar distances are too close for the diffraction peaks to be resolved. The Mn-doping is demonstrated by the value of the Néel temperature ( $T_N$ ) in MagNPs, measured by thermogravimetric analysis method (TGA) in a magnetic field gradient (Figure S2, Supporting Information). In fact,  $T_N \sim 517$  °C, well below the nominal value of bulk  $\text{Fe}_3\text{O}_4$  (585 °C). This value of  $T_N$  is in perfect agreement with that we measured in nanoparticles synthesized following the very same method and that was compared to  $T_N \sim 583$  °C of pure magnetite nanoparticles of similar size.<sup>52</sup> Moreover, the TGA analysis does not detect  $T_N$  of  $\text{Fe}_3\text{O}_4$  and  $\text{MnFe}_2\text{O}_4$ , which is in favor of a uniform Mn-doping of the magnetic nanoparticles.

The presence of oleate around the nanoparticles is confirmed by the Fourier transform infrared spectroscopy (FT-IR) analysis. In the spectrum for MagNPs (Figure S3, Supporting Information), the bands at  $1410\text{ cm}^{-1}$ ,  $1543\text{ cm}^{-1}$ ,  $2850\text{--}2920\text{ cm}^{-1}$ , and  $3370\text{ cm}^{-1}$  are for  $\text{C-H}_{\text{rock}}$  and asymmetric  $\text{COO}_{\text{stretch}}$ ,  $\text{C}=\text{C}_{\text{stretch}}$  and symmetric  $\text{COO}_{\text{stretch}}$ ,  $\text{C-H}_{\text{stretch}}$  and residual  $\text{O-H}_{\text{stretch}}$ , respectively. The

bands at  $392\text{ cm}^{-1}$  and  $573\text{ cm}^{-1}$  are related to the iron-oxide phase. No other signal is visible. Hence, we exclude the presence of reaction byproducts and of free oleic acid. Regarding the latter, the FT-IR spectrum for oleic acid shows, in particular, two signals at  $1707\text{ cm}^{-1}$  and  $939\text{ cm}^{-1}$ , which correspond to the  $\text{C}=\text{O}_{\text{stretch}}$  and to the out-of-plane  $\text{O}-\text{H}_{\text{stretch}}$ , respectively (Figure S3, Supporting Information). These two features are not visible in the spectrum for MagNPs. In fact, they disappear when the oleic acid is deprotonated to the corresponding oleate ion, whose carboxylate group ( $\text{COO}^-$ ) gives only the two asymmetric and symmetric  $\text{COO}_{\text{stretch}}$  which fall respectively in the  $1410$  and  $1543\text{ cm}^{-1}$  bands observed in the MagNPs spectrum. It follows that the oleate ions must be coordinated on the surface of the magnetic nanoparticles.

The weight fraction of oleate in MagNPs is  $\sim 15\%$ , as estimated by TGA (without magnetic field gradient) measuring the mass loss ascribed to its decomposition (Figure S4, Supporting Information).

A bright field TEM image of the MagNPs sample is shown in Figure 1a. The nanoparticles tend to self-order on the carbon grid, a tendency favored by the quite regular morphology and uniform size as well as by the presence of the oleate coating which prevents the contact between them. The distribution in size ( $D$ ) of the nanoparticles, obtained from TEM images, is shown in Figure 1b: the mean size  $\langle D \rangle = (8.4 \pm 0.4)\text{ nm}$  and the standard deviation  $\sigma = 2.2\text{ nm}$  (a population of about 300 nanoparticles has been considered).

### 3.2 Structural properties of the PLGA + MagNPs samples

A typical SEM image of the PLGA+MagNPs samples is shown in Figure 2a. In particular, it refers to PHC, but very similar results are obtained for PLC and also for  $\text{PLGA}_{\text{Ref}}$ , actually. In the picture, objects producing a similar white contrast are visible and they correspond to PLGA nanocapsules of mean size around  $200\text{ nm}$  (small size bright spots visible in the background of the SEM image are HBS buffer residues). This is in good agreement with the DLS analysis, which indicates hydrodynamic size values  $D_{\text{hyd}} = (216 \pm 3)\text{ nm}$  and  $D_{\text{hyd}} = (211 \pm 6)\text{ nm}$  for PHC and PLC respectively, equal within the experimental error (see Figure S5, Supporting Information).

TEM images of PHC and PLC samples are shown in Figure 2b-c and Figure 2d-e, respectively. The magnetic nanoparticles appear as dark elements on a quite uniform light-gray background since the PLGA does not produce enough contrast for the nanocapsules to be distinguished. The microscopy analysis confirms that the concentration of magnetic nanoparticles is definitely higher in PHC than in PLC. Indeed, in carrying out the TEM observations on PLC, it is even difficult to come across

the magnetic nanoparticles. We observe that the nanoparticles tend to arrange in form of aggregates, as a result of being confined into the PLGA nanocapsules. However, larger aggregates, i.e. formed by a greater number of nanoparticles, exist in PHC compared to those visible in PLC. In this last sample, clusters of just a few nanoparticles can be observed mostly. The aggregates of nanoparticles in PHC - which in some cases are as large as 100 nm or even more - tend to assume a spherical shape and, as their size increases, they show a more and more rounded profile.

In none of the two samples the magnetic nanoparticles appear homogeneously distributed in space. Considering the distribution in size of the aggregates visible in the images, one can infer that, most likely, some PLGA nanocapsules are well filled with magnetic nanoparticles, whereas a poor magnetic load or no load at all exists in others. This finding is in line with what reported by Liu et al. for similar samples.<sup>38</sup> In particular, the authors explain that, thanks to the oleate coating, the magnetite nanoparticles are hydrophobic and, in this condition, they prefer the oil phase over the aqueous phase. Hence, a relatively smaller amount of nanoparticles is lost during the emulsion formation, compared to the case in which they are naked and hydrophilic. However, the authors also warn that a heterogeneous distribution of magnetic nanoparticles in the PLGA should be expected unless the miscibility between the oleic acid and the polymer is very high.

### 3.3 Magnetic properties

#### 3.3.1 Magnetization measurements

Magnetic hysteresis loops are measured on MagNPs, PHC and PLC, in the dried form, at different temperatures  $T$  in the 5-300 K range. The loops at  $T = 5$  K are shown in **Figure 3a-c**. The specific magnetization  $M$  is reported, obtained by normalizing the magnetic moment to the mass of the sample. Regarding MagNPs, the mass is that of the magnetic nanoparticles plus the fraction of oleate (~15 wt. %, as estimated by TGA). For PHC and PLC, the mass weighted after lyophilization includes, besides PLGA and MagNPs (i.e. the magnetic nanoparticles with oleate), residual PVA, buffer salts and residual water molecules.

At  $T = 5$  K, the magnetization of MagNPs measured at the field  $H=50$  kOe, that we indicate as  $M_{50\text{kOe}}$ , is  $(73.7 \pm 0.7)$  emu/g (**Figure 3a**). The value of  $M_{50\text{kOe}}$  that one can calculate excluding the mass of oleate is obviously higher and equal to  $(86.7 \pm 1.7)$  emu/g. As we already reported,<sup>52</sup> thanks to the Mn doping, quite high values of magnetization are obtained both at  $T = 5$  K and at  $T = 300$  K (**Table 1**), in spite of the small nanoparticle size, lower than 10 nm, which enhances the spin canting effect.  $M_{50\text{kOe}}$  measured in PHC is higher than that in PLC, in line with the different concentration of magnetic nanoparticles in the two samples (**Figure 3b-c**). A non-saturating tendency is

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3 particularly well visible in the loop of PLC, consistent with the existence of a paramagnetic signal  
4 superposed to the ferromagnetic one.  
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6 The thermal dependence of  $M_{50kOe}$  is measured between 5 and 300 K. In **Figure 3d**, the curves of  
7  $M_{50kOe}$  vs.  $T$  are shown as normalized to their final values at  $T = 300$  K. The existence of a  
8 paramagnetic contribution in PHC and PLC is confirmed by the divergence of the magnetization for  
9  $T$  tending to zero. Since this behavior is also visible in the  $M_{50kOe}$  vs.  $T$  curve of sample PLGA<sub>Ref</sub>  
10 (**Figure S6, Supporting Information**), it is evident that the paramagnetic contribution comes from  
11 the PLGA and is particularly remarkable in PLC because of the smaller ferromagnetic signal  
12 provided by the magnetic nanoparticles.  
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20  $M_{50kOe}$  measured at  $T = 5$  K and 300 K on PHC and PLC are reported in **Table 1**. Comparing the  
21 value of  $M_{50kOe}$  at  $T = 300$  K with that measured at the same temperature on MagNPs [(58.2 ± 0.6)  
22 emu/g], we can estimate the weight fraction of loaded magnetic nanoparticles (the room  
23 temperature values are considered in order to minimize the influence of the paramagnetic  
24 contribution of PLGA). The results are shown in **Table 1**: the nanoparticle concentration is ~ 5.3  
25 wt. % and ~ 0.72 wt. % for PHC and PLC, respectively.  
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32 Having estimated the amount of magnetic nanoparticles in PHC and PLC and considering the value  
33 of  $M_{50kOe}$  of MagNPs at  $T = 5$  K, we can calculate the contribution of the magnetic nanoparticles  
34 only to the magnetization at that temperature. We indicate this parameter as  $M^*_{50kOe}$ . We obtain  
35  $M^*_{50kOe} \sim 3.9$  emu/g for PHC and  $M^*_{50kOe} \sim 0.53$  emu/g for PLC. Now, we derive the squareness at  
36  $T = 5$  K, defined as  $M_r / M^*_{50kOe}$ , where  $M_r$  is the remanent magnetization in the hysteresis loops of  
37 **Figure 3a-c**. The squareness is ~ 0.30 and ~ 0.37 in PHC and PLC respectively and ~ 0.15 in  
38 MagNPs (obviously  $M_{50kOe}$  and  $M^*_{50kOe}$  coincide for MagNPs) (**Table 1**). The values of the  
39 coercivity  $H_C$  at  $T = 5$  K are also reported in **Table 1** (we have verified that manually subtracting the  
40 paramagnetic signal of PLGA from the loops in **Figure 3b-c** does not alter their shape at all, for  $|H|$   
41  $\leq 5$  kOe). They are quite close to each other, between ~ 177 Oe and ~190 Oe.  $H_C$  decreases rapidly  
42 on increasing  $T$  (**Figure 3e**) and at  $T = 300$  K, no magnetic hysteresis is observed in the three  
43 samples (i.e.  $H_C$  and  $M_r$  are null), which is consistent with a superparamagnetic behavior of the  
44 magnetic nanoparticles, in the adopted experimental conditions.  
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### 57 3.3.2 Magnetic interactions

58 To gain information on the nature and strength of magnetic interactions in the samples, the  
59 isothermal remanent magnetization (IRM) and the dc demagnetization remanence (DCD) are  
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measured at  $T = 5$  K, following a standard procedure.<sup>25, 66</sup> IRM is measured on an initially demagnetized sample that is progressively magnetized by a positive magnetic field increasing from 0 Oe up to 35 kOe; DCD is measured on a sample initially brought to saturation by a negative magnetic field and then progressively magnetized by a positive field increasing from 0 Oe up to 35 kOe. The recorded remanence values are plotted as a function of the previously applied magnetic field. The IRM curve is normalized to the final recorded value of remanence and indicated as  $I_r$ ; the DCD curve is normalized to the initial value and indicated as  $I_d$ . The  $I_r$  and  $I_d$  curves measured on MagNPs, PHC and PLC are shown in **Figure 4a-b**.

As derived by Wohlfarth,<sup>67</sup> for an assembly of non-interacting single-domain particles, the two remanence curves are connected by the relation:

$$I_d(H) = 1 - 2I_r(H) \quad (1)$$

It follows that the plot of  $I_d(H)$  vs.  $I_r(H)$ , i.e. the Henkel plot,<sup>68</sup> exhibits a linear trend. Deviations from linearity reveal the presence of interparticle magnetic interactions.<sup>69</sup> The Henkel plots for the three samples are shown in **Figure 4c**: they exhibit an upward concavity, characteristic of systems ruled by demagnetizing magnetic interactions of dipolar nature.

From the remanence curves in **Figure 4a-b**, one can derive the isothermal remanence coercivity  $H_{C_{I_r}}$ , which corresponds to the field at which  $I_r = 0.5$ , and the demagnetization remanence coercivity  $H_{C_{I_d}}$ , which is the field at which  $I_d$  vanishes.<sup>69</sup> The two parameters are respectively a measure of the difficulty of magnetizing and of demagnetizing the system and, while the coercivity  $H_C$  is determined by reversible and irreversible magnetization processes, they are related to irreversible changes only. The values of  $H_{C_{I_r}}$  and  $H_{C_{I_d}}$  at  $T = 5$  K are reported in **Table 2**. In the case of non-interacting nanoparticles, equation (1) states that  $H_{C_{I_r}}$  and  $H_{C_{I_d}}$  should be equal. On the contrary, we found that  $H_{C_{I_r}} > H_{C_{I_d}}$ , as expected for systems more difficult to magnetize than to demagnetize, namely that are governed by predominant dipolar interactions, in line with the Henkel plots trend. Accordingly, we define an effective interaction field  $IF = (H_{C_{I_r}} - H_{C_{I_d}})$  as a measure of the strength of the magnetic dipolar interactions in the system.<sup>69</sup>  $IF$  decreases passing from MagNPs to PHC and then to PLC (**Table 2**).

In fine particle systems, the  $IF$  parameter was observed to increase roughly linearly with increasing the packing density.<sup>70</sup> Similarly, we may expect that  $IF$  varies linearly with the concentration of nanoparticles in our samples, but it is easy to realize that this is not the case. Obviously, our samples cannot be modeled as a continuous matrix in which the magnetic nanoparticles are

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3 homogeneously dispersed with a controllable packing density. As revealed by the TEM analysis  
4 (Figure 2), the magnetic nanoparticles form aggregates into the PLGA nanocapsules.

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6 In order to minimize the magnetostatic energy of the aggregate as a whole, the dipolar interacting  
7 moments of the nanoparticles arrange in flux-closure configurations.<sup>48, 49, 71</sup> A better closure of the  
8 stray magnetic field is expected in larger aggregates, which therefore will be highly stable against  
9 the magnetizing action of the external field.<sup>72</sup> In our case, larger aggregates are observed by TEM  
10 in PHC rather than in PLC (Figure 2). The larger IF of PHC, compared to that of PLC, mainly  
11 reflects the higher  $H_{C\_Ir}$ , since  $H_{C\_Id}$  is almost similar in the two samples (Table 2). The higher  $H_{C\_Ir}$   
12 indicates a more difficult magnetizing process, i.e. it is consistent with the better stability of the  
13 aggregates in PHC.  
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16 In short, we conclude that the larger IF measured in PHC is related to the existence of aggregates of  
17 nanoparticles of larger size. The formation of aggregates realizing a better closure of the stray field  
18 in PHC is also supported by the lower squareness measured in this sample with respect to that found  
19 in PLC (Table 1). In this view, the MagNPs sample may be considered a limit case, corresponding  
20 to the 'infinite' aggregate.  
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23 It is quite well established that, given an assembly of magnetic nanoparticles, the effect of dipolar  
24 interactions can be taken into account considering that the nanoparticles are subjected to an  
25 effective magnetic anisotropy higher than the anisotropy that operates when they are isolated.<sup>50, 52, 73</sup>  
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28 To estimate the effective anisotropy coefficient  $K_{eff}$ , we consider the irreversibility magnetic field  
29  $H_{irr}$  at  $T = 5$  K (Table 2) – i.e., the field at which the descending and ascending branches of the  
30 hysteresis loop join up - as a measure of the anisotropy field of the system, namely  $H_{irr} = 2K_{eff}/M_S$ ,  
31 where  $M_S$  is the saturation magnetization of the nanoparticles.<sup>52, 74</sup> We consider that  $M_S$  corresponds  
32 to the value of  $M_{50kOe}$  at  $T = 5$  K of MagNPs, corrected for the presence of oleate, i.e.  $(86.7 \pm 1.7)$   
33 emu/g. To express it in  $(emu/cm^3)$ , the value is multiplied by the density of the nanoparticles,  
34 assumed equal to that of bulk magnetite  $(5.1 g/cm^3)$ .  
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37 The values of  $K_{eff}$  for MagNPs, PHC and PLC are reported in Table 2. We must point out that, due  
38 to the random orientation of the anisotropy axes of the nanoparticles with respect to the direction of  
39 the measuring field,  $H_{irr}$  is expected to be smaller than the anisotropy field, actually. Therefore, the  
40 obtained  $K_{eff}$  values are underestimated. However, in all the samples,  $K_{eff}$  is larger than the nominal  
41 magnetocrystalline anisotropy for bulk  $Fe_3O_4$   $(1.1 \times 10^5 erg/cm^3)$ , in spite of the Mn doping, which  
42 should rather decrease the anisotropy compared to pure magnetite.<sup>56</sup> The value calculated for  
43 MagNPs is the largest of the three, which is consistent with the overall state of strongest magnetic  
44 interactions and with the highest IF.  
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3 On the other hand, a similar  $K_{\text{eff}}$  is found in PHC and PLC, which may appear in contradiction with  
4 the different IF values measured in these two samples. It has been reported that the magnetization  
5 process in systems of interacting nanoparticles forming magnetic aggregates, as in PHC and PLC,  
6 takes place on two different length scales.<sup>66, 75, 76</sup> On a longer scale, the reorientation of the net  
7 magnetization vectors of the aggregates takes place; on a finer scale, the full alignment of the  
8 moments of the nanoparticles occurs. The first process is more difficult in the case of larger  
9 aggregates in which the interparticle dipolar interactions establish more efficient flux-closure  
10 configurations, as already argued in relation to the different values of IF in PHC and PLC.  
11 However, in general, we can schematically consider that the first process requires a lower magnetic  
12 field, whereas a higher field is needed to align the moments of the individual nanoparticles.<sup>66, 75</sup>  
13 The value of  $K_{\text{eff}}$  obtained for PHC and PLC from the measurement of  $H_{\text{irr}}$  is to be considered as an  
14 average value of the effective anisotropy that acts on the single nanoparticle during this second  
15 process. Since it is similar in the two samples, we conclude that it is not substantially affected by  
16 the size of the aggregates. Rather,  $K_{\text{eff}}$  may be related to the average interparticle distance within the  
17 aggregates, which seems similar in the TEM images of PHC and PLC (Figure 2b-e).

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31 Information on the magnetic relaxing behavior of the samples is obtained by measuring the  
32 magnetization  $M$  as a function of  $T$  (from 5 to 300 K; heating rate 3 K/min) in a static magnetic  
33 field  $H_{\text{appl}} = 20$  Oe, after cooling the sample from room temperature down to  $T = 5$  K without  
34 applied field (zero-field-cooling procedure, ZFC) and in presence of  $H_{\text{appl}}$  (field-cooling, FC). The  
35 curves are shown in Figure 5, as normalized to the value of  $M_{\text{FC}}$  at  $T = 5$  K. The magnetic  
36 irreversibility (difference between the values of  $M_{\text{FC}}$  and  $M_{\text{ZFC}}$ ) indicates that the magnetic  
37 moments of the nanoparticles undergo thermally induced relaxation processes, which may  
38 culminate in the phenomenon of superparamagnetism at the so-called blocking temperature, namely  
39 when the thermal energy overcomes the anisotropy energy barrier for the moment reversal.<sup>50</sup>

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46 Given an assembly of non-interacting nanoparticles and assuming the existence of a volume  
47 distribution, the temperature corresponding to the peak of  $M_{\text{ZFC}}$  is usually taken as a sort of average  
48 blocking temperature  $\langle T_{\text{B}} \rangle$ . However, if dipolar interactions exist in the same assembly of  
49 nanoparticles, generally the peak of  $M_{\text{ZFC}}$  is shifted towards higher temperatures.<sup>50, 73</sup> Indeed, the  
50 observation of a peak in  $M_{\text{ZFC}}$  at a temperature significantly higher than the expected  $\langle T_{\text{B}} \rangle$  is  
51 usually considered the proof of the presence of interparticle magnetic interactions. However, in this  
52 second case, the physical meaning of the  $M_{\text{ZFC}}$  peak is not fully elucidated.

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58 In our samples, we observe that the temperature corresponding to the  $M_{\text{ZFC}}$  peak (indicated as  $T_{\text{P}}$ )  
59 increases passing from PLC to PHC and finally to MagNPs and is proportional to IF in the three  
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3 samples, as one can realize by plotting  $T_P$  vs.  $IF$  (inset of **Figure 5**). Hence, we can certainly affirm  
4 that  $T_P$  is influenced by the presence of magnetic dipolar interactions between the nanoparticles and  
5 we may add that  $T_P$  is sensitive to the size of the aggregates of nanoparticles.  
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8 In all the samples, the  $M_{ZFC}$  and  $M_{FC}$  branches are superposed at  $T = 300$  K. This finding and the  
9 absence of magnetic hysteresis indicate that all the nanoparticles are superparamagnetic at room  
10 temperature and in the SQUID measurement condition, which is usually assumed to correspond to a  
11 characteristic measuring time  $t_m = 100$  s (measurement frequency  $f_m = 1/t_m = 0.01$  Hz).  
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### 16 17 3.3.3 $1/T_1$ Nuclear Magnetic Resonance Dispersion (NMRD) profiles

18 Due to the low water solubility of the oleate-coated magnetic nanoparticles, the NMR relaxation  
19 rates of water protons can be measured only when they are embedded into the PLGA nanocapsules,  
20 as they can form stable suspensions in aqueous solutions. Then, information on the characteristics  
21 of the magnetic nanoparticles loaded into PLGA can be obtained by measuring the NMRD profiles,  
22 i.e. the proton longitudinal relaxation  $1/T_1$  as a function of the external applied magnetic field  
23 strength (**Figure 7**). In order to compare profiles acquired in different conditions, the relaxation rates  
24 reported on the y-axis [ $r_{1p}$  ( $s^{-1} \text{ mM}^{-1}$ )] are normalized to the (Fe+Mn) concentration (measured by  
25 ICP-MS).  
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32 The overall shape of the curves is similar for the two samples and is typical of the proton relaxation  
33 induced by magnetic nanoparticles undergoing superparamagnetic relaxation.<sup>77</sup> In general, the water  
34 proton longitudinal relaxation arises from the dipolar interaction between the magnetic moment of  
35 water protons and the magnetic moment of the magnetic nanoparticles. At low magnetic field, the  
36 proton relaxation can be modulated by the superparamagnetic relaxation of the magnetic  
37 nanoparticles and by water diffusion. At high magnetic field, the magnetic moments of the magnetic  
38 nanoparticles are blocked along the magnetic field direction and the proton relaxation only depends  
39 on the water diffusion.<sup>78, 79</sup> Differences in the NMRD profiles are usually ascribed to different  
40 properties of the magnetic nanoparticles (size, anisotropy, saturation magnetization).  
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49 In the NMRD profiles of PHC and PLC (**Figure 6**), both the amplitude and the position of the  $r_{1p}$   
50 peak at high field ( $\sim 2$  MHz) are very similar. The Proton Larmor Frequency corresponding to the  
51 maximum of the peak depends essentially on the translational correlation time of water, which is  
52 expressed by the relation  $\tau_D = r^2/D$ , where  $r$  is the distance of minimum approach of water  
53 molecules to the nanoparticles and  $D$  is the water diffusion coefficient. It is to be remarked that the  
54 nanoparticles, though confined in the PLGA nanocapsules and subjected to dipolar interactions, are  
55 not in intimate contact. Hence, the water molecules, which can relatively freely diffuse inside the  
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3 nanocapsules,<sup>40, 80</sup> can approach the individual magnetic nanoparticles. The fact that the  $r_{1p}$  peak  
4 position and intensity do not change in the two profiles indicates that the magnetic properties of the  
5 individual nanoparticles are similar in PHC and PLC, as expected.  
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8 Nevertheless, the two profiles differ at low field, i.e. for values of the proton Larmor frequency  $< 1$   
9 MHz, since a substantially smaller  $r_{1p}$  is measured in PHC. Although the water molecules are able  
10 to approach the individual magnetic nanoparticles, one can surmise that the arrangement of the  
11 nanoparticles in form of dipolar interacting aggregates may affect the proton relaxation  
12 phenomenon at low field. In particular,  $r_{1p}$  may be smaller in PHC due to the presence of larger  
13 aggregates, which realize a better closure of the stray magnetic field sensed by the water protons.  
14 The presence of the dipolar aggregates does not affect the high-field region of the NMRD profiles,  
15 since the nanoparticles magnetic moments align along the field direction and no flux-closure  
16 magnetic configuration exists. This low field effect of the dipolar interactions between the magnetic  
17 nanoparticles is an interesting phenomenon and will deserve further attention.  
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### 26 27 **3.4 Magnetic heating capacity**

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30 To test the magnetic heating capacity, the samples are exposed for 900 s to an alternating magnetic  
31 field with amplitude  $H_{\max} = 228$  Oe (i.e. 18 kA/m) and frequency  $f_m = 245$  kHz (at  $T \sim 300$  K).  
32 These parameters fulfill the safety criterion to avoid detrimental effects on healthy tissues, which  
33 recommends that  $(H_{\max} \times f_m)$  does not exceed  $5 \times 10^9$  A/m s.<sup>81</sup>  
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36 For the heating measurement, the sample MagNPs is dispersed in n-octane at a concentration of 10  
37 mg/mL and the test is carried out on 1 mL of solution. The use of an apolar solvent, such as octane,  
38 is aimed at obtaining a good colloidal dispersion of the oleate-coated magnetic nanoparticles.<sup>45</sup>  
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41 The temperature increase  $\Delta T(t)$  vs time  $t$  is shown in **Figure 7a**, being  $\Delta T(t) = T(t) - T(t=0s)$ . After  
42 900 s,  $\Delta T \sim 42$  °C. This demonstrates the good capacity of the produced magnetic nanoparticles to  
43 generate heat in the adopted experimental conditions.  
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50 The heating efficiency of PHC and PLC is measured on the samples in HBS buffer. In particular, 1  
51 mL of solution is considered. With respect to the test on MagNPs, the solvent is different and  
52 obviously no PLGA is present in MagNPs. However, we are certainly allowed to directly compare  
53 the heating tests on PHC and PLC, which are shown in **Figure 7b**. The temperature increase attained  
54 after 900 s is  $\Delta T \sim 7.3$  °C in PHC and  $\Delta T \sim 3.5$  °C in PLC, clearly not proportional to the fraction  
55 of loaded magnetic nanoparticles.  
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To compare quantitatively the heating efficiency of the two samples, we can evaluate the Specific Absorption Rate (SAR) parameter from the heating curves in Figure 7b, through the initial slope method, using the relation<sup>82</sup>

$$SAR = \frac{C}{m_{NPs}} \cdot \frac{\Delta T}{\Delta t} \quad (2)$$

In this relation, C is the heat capacity of the sample,  $\Delta T$  is the temperature increment during the short time interval  $\Delta t$  in which heat losses are supposed negligible,  $m_{NPs}$  is the mass of the magnetic nanoparticles contained in 1 mL. The latter parameter is obtained by comparing the amount of (Fe+Mn) measured in 1 mL of PHC and PLC by ICP-MS with that measured in standard solutions of MagNPs. It is found out that  $m_{NPs} = (3.7 \pm 0.2)$  mg/mL in PHC and  $m_{NPs} = (0.43 \pm 0.04)$  mg/mL in PLC. It is interesting to note that the ratio between these two values of  $m_{NPs}$ , estimated by ICP-MS, is  $(8.6 \pm 1.2)$  and the ratio between the weight fractions of magnetic nanoparticles in PHC and PLC, estimated through the magnetization measurements, is  $(7.4 \pm 0.5)$ . Hence, the two ratios are equal within the errors, which means that the results obtained by the two techniques are consistent.

For each sample,  $\Delta T/\Delta t$  is calculated as the slope of the linear curve fitting the heating curve for t in the 20 - 120 s interval. We take the heat capacity C equal to that of water (4.18 J/K). This implies that the heat capacity of the PLGA nanocapsules with their magnetic load is supposed negligible compared to that of the fluid in which they are dispersed, although the magnetic nanoparticles, i.e. the heating agents, are primarily surrounded by PLGA. We make this simplification since we intend just to compare the heating efficiency of PHC and PLC. The SAR values are  $(18 \pm 1)$  W/g for PHC and  $(68 \pm 6)$  W/g for PLC, which confirms that the heating efficiency is higher in the sample with the lower concentration of magnetic nanoparticles.

The heat generated by magnetic nanoparticles exposed to an alternating magnetic field, during one cycle, is equal to the area of the resulting hysteresis loop. In fact, the SAR parameter can also be expressed as the product of this area and  $f_m$ .<sup>62</sup> In an assembly of magnetic nanoparticles dispersed in a fluid, two magnetization mechanisms may be active, namely the internal rotation of the moments inside the nanoparticles and the physical rotation of the nanoparticles so that their moments align with the field (Brownian motion).

Regarding the first one, the nanoparticles that, in the adopted measurements conditions, are in the full superparamagnetic state do not generate heat because they do not exhibit the magnetic hysteresis phenomenon.<sup>62</sup>

In the macrospin approximation, the superparamagnetic relaxation of the magnetic moment of a single-domain nanoparticle is governed by the Néel relaxation time:

$$\tau_N = 1/f_0 \exp(KV/k_B T) \quad (3)$$

where  $KV$  is the magnetic anisotropy energy barrier ( $K$  is the magnetic anisotropy coefficient and  $V$  the volume of the nanoparticle),  $k_B$  the Boltzmann constant and  $f_0$  the frequency factor, usually taken as  $10^9 \text{ s}^{-1}$ .<sup>83</sup> Being  $t_m$  the measuring time characteristic of the used investigating technique, the transition between the superparamagnetic and blocked regimes occurs at  $\tau_N = t_m$ ; for  $\tau_N < t_m$  the nanoparticle's moment undergoes superparamagnetic relaxation, whereas it is blocked for  $\tau_N > t_m$ . It follows that the entrance into the superparamagnetic regime will be observed to occur at a higher temperature using a technique with a shorter  $t_m$ .

In the heating tests,  $t_m = 1/f_m = 4 \times 10^{-6} \text{ s}$ . Hence, putting  $\tau_N = t_m$ , we can calculate, for  $T = 300 \text{ K}$ , the critical nanoparticle size  $D_{SP}$  separating the superparamagnetic and the blocked regimes.<sup>52</sup> To this end, in relation (3) we set  $K$  equal to  $K_{\text{eff}}$ , despite the latter has been estimated at  $T = 5 \text{ K}$ , actually. Hence, we neglect a possible thermal decrease of  $K_{\text{eff}}$ . However, this effect may be offset by the fact that  $K_{\text{eff}}$  is likely to be underestimated, as discussed in Section 3.3.2. The result is  $D_{SP} = (11.8 \pm 0.2) \text{ nm}$  for PHC and  $D_{SP} = (12.0 \pm 0.2) \text{ nm}$  for PLC, i.e. is the same within the experimental error, in line with the similar value of  $K_{\text{eff}}$  in the two samples (Table 2).

For completeness, it is worth pointing out that  $K_{\text{eff}}$  measured in MagNPs in the form of ferrofluid – i.e., dispersed in n-octane for the heating test – is  $(2.7 \pm 0.1) \text{ erg/cm}^3$ . It is lower than  $K_{\text{eff}}$  measured in the dried sample (Table 2) due to the larger interdistance between the magnetic nanoparticles and, hence, to the lower degree of interparticle magnetic interaction (this does not occur in PHC and PLC since the nanoparticles are immobilized into the PLGA).<sup>52</sup> Accordingly,  $D_{SP} = (10.7 \pm 0.2) \text{ nm}$  for MagNPs in the form of ferrofluid.

Regarding the Brownian rotation, in PHC and PLC the magnetic nanoparticles are embedded in the PLGA and hence are not free to move. However, one may consider the rotation of the whole PLGA nanocapsules, which, due to their magnetic load, can possibly bear a net magnetic moment. The Brownian relaxation is governed by the time  $\tau_B = 3\eta V_H/k_B T$ , where  $V_H$  is the hydrodynamic volume - which can be taken as  $(D_{\text{hyd}})^3$ , using the DLS results - and  $\eta$  is the viscosity of the fluid, assumed equal to that of water for the present case (0.01 P). For PHC and PLC,  $\tau_B$  is of the order of  $10^{-3} \text{ s}$ , namely  $\tau_B > t_m$ , which means that the PLGA nanocapsules are fully thermally stable in the fluid, in the adopted experimental conditions.

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3 In a previous work, we demonstrated that in ferrofluids obtained by dispersing Mn-doped magnetite  
4 nanoparticles in n-octane, the heating mechanism, probed using the same alternating field as in the  
5 present case, was sustained by the fraction of nanoparticles that were blocked with regard to both  
6 the Néel and the Brown relaxation.<sup>52</sup> In fact, the measurements were carried out in the regime of  
7 non-linear magnetic response, corresponding to the condition  $\zeta = M_S V H_{\max} / k_B T > 1$ .<sup>62</sup> Also in the  
8 present case, the nanoparticles with  $D > D_{SP}$ , are blocked with regard to the Néel and the Brown  
9 relaxation, as just discussed. As for the  $\zeta$  parameter in the tests on PHC and PLC, taking  $M_S$  equal  
10 to the value of  $M_{50kOe}$  at  $T = 300$  K for MagNPs (Table 1) and  $V = (D_{SP})^3$ , we obtain  $\zeta \sim 3$ , which  
11 means that we are operating in the non-linear magnetic regime. The fraction of blocked  
12 nanoparticles in PHC and PLC, i.e. with size  $D > D_{SP}$ , can be estimated considering the size  
13 distribution in Figure 1b. Since  $D_{SP}$  is equal for PHC and PLC, we obtain that the fraction of  
14 nanoparticles effective in the heating mechanism is the same in the two samples, i.e.  $\sim 7\%$ . In  
15 terms of volume fraction, the blocked nanoparticles are  $\sim 22\%$ . It is to be noticed that if the nominal  
16  $K$  of bulk magnetite ( $1.1 \times 10^5$  erg/cm<sup>3</sup>) were inserted in relation (3), instead of  $K_{\text{eff}}$ , to calculate  
17  $D_{SP}$ , we would obtain  $D_{SP} \sim 14$  nm. However, the size of the nanoparticles in MagNPs, and hence  
18 also in PHC and PLC, is smaller than 14 nm (Figure 1b). Hence, we should conclude that there are  
19 no blocked nanoparticles, i.e. nanoparticles able to heat. This demonstrates the crucial role of  
20 dipolar interactions, which, increasing the effective magnetic anisotropy of the nanoparticles with  
21 respect to the intrinsic one, stabilize the magnetic moments against thermal effects.  
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38 However, this does not yet explain the different heating efficiency of the magnetic nanoparticles in  
39 the two PLGA samples. To address this point, once again we must consider the arrangement of the  
40 nanoparticles in form of aggregates and the role of the dipolar interactions. Although at  $T = 300$  K,  
41 in the measurement conditions adopted in the heating tests, most magnetic nanoparticles are in the  
42 superparamagnetic state, the magnetic configuration of the aggregates is still determined by the  
43 need of reducing the magnetostatic energy, similarly to what we have demonstrated to occur at  $T =$   
44  $5$  K and as suggested by the room temperature analysis of the NMRD profiles. It should be  
45 considered that also superparamagnetic nanoparticles may be active in determining the equilibrium  
46 state of an assembly of dipolar interacting nanoparticles provided that the relaxation time  
47 characterizing the moment-moment interactions is smaller than the Néel relaxation time.<sup>84</sup>  
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54 Hence, a better stray field closure is attained in the large aggregates of PHC, which therefore are  
55 more stable against magnetization compared to those in PLC. Therefore, the hysteresis loop tracked  
56 by the alternating field during the heating measurement is expected to exhibit lower susceptibility  
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3 and lower remanence in sample PHC. This implies a smaller area of the loop measured in PHC  
4 compared to that of PLC and therefore a lower SAR, as observed.

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6 This conclusion is in agreement with numerical simulations of hysteresis loops for systems of  
7 nanoparticles at different concentrations, showing a decrease in the magnetic susceptibility and  
8 remanence on increasing the concentration and, hence, the interparticle dipolar interactions.<sup>51, 85, 86</sup>  
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10 Compared to those theoretical studies, we correlate the loop area, and hence the SAR parameter, not  
11 just to the concentration of nanoparticles, but more precisely to the size of the aggregates confined  
12 into the PLGA nanocapsules.  
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## 20 **Conclusions**

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23 We have studied the structural and magnetic properties of two samples, PHC and PLC, consisting  
24 of PLGA nanocapsules (typical dimension around 200 nm) loaded with a different amount of  
25 oleate-coated Mn-doped magnetite nanoparticles (mean size  $\sim 8.4$  nm). The content of magnetic  
26 nanoparticles, as estimated by magnetization measurements, is  $\sim 5.30$  wt. % and  $\sim 0.72$  wt. % for  
27 PHC and PLC, respectively. The TEM observations have revealed that the nanoparticles do not  
28 distribute homogeneously into the nanocapsules and tend to form aggregates, which are larger in  
29 sample PHC. The interparticle dipolar magnetic interactions rule the magnetic properties of the two  
30 samples, as revealed, in particular, by the analysis of the remanence curves at  $T = 5$  K.

31 We have considered that the first step of the magnetization process, consisting in the reorientation  
32 of the magnetization vector of the aggregates, is more difficult in the case of larger aggregates,  
33 which realize a better flux-closure magnetic configuration. We have related the value of the  
34 effective interaction field  $IF$  – higher in PHC with respect to that found in PLC - to this process and  
35 therefore, ultimately, to the different size of the nanoparticle aggregates in the two samples.  
36 Conversely, the second magnetization step, corresponding to the alignment of the magnetic  
37 moments of the individual nanoparticles, is not affected by the size of the aggregates. In fact, the  
38 effective anisotropy  $K_{\text{eff}}$ , obtained from the measurement of the irreversibility field  $H_{\text{irr}}$  at  $T = 5$  K,  
39 is larger than that of bulk magnetite due to the dipolar interacting state of the nanoparticles, but  
40 equal in both samples. This description is also consistent with the NMRD profiles measured at  $T =$   
41  $25$  °C on the two samples. In fact, while at low magnetic field the more efficient flux-closure  
42 configuration of the large aggregates in PHC reduces the magnetic field felt by solvent water  
43 protons and thus the magnetic relaxation, the position of the  $r_{1p}$  peaks at high field is very similar in  
44 PHC and PLC, indicating similar properties of the individual magnetic nanoparticles.  
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5 Thus, the different concentration of magnetic nanoparticles and the circumstance of being confined  
6 into the PLGA nanocapsules determine their spatial arrangement, the way in which they interact  
7 magnetically and their magnetic relaxing behavior as well as the size of the aggregates and their  
8 magnetic configuration.  
9

10  
11 These elements govern the magnetization process at  $T = 5$  K, but we infer that they must also be  
12 determinant in the magnetization process at  $T = 300$  K, temperature at which the heating tests have  
13 been carried out. A lower SAR is measured in PHC, which is the sample with the highest  
14 nanoparticle load. This has been accounted for considering that, in the heating tests, the larger  
15 aggregates of nanoparticles existing in PHC, more stable against magnetization, give rise to  
16 hysteresis loops of smaller area.  
17

18 Hence, the double role of the dipolar interactions in the heating mechanism of the investigated  
19 system has been highlighted. On the one end, they are crucial for enhancing  $K_{\text{eff}}$ , thus stabilizing the  
20 nanoparticle magnetic moments with regard to the superparamagnetic relaxation and increasing the  
21 fraction of nanoparticles that are efficient in the heating mechanism. On the other hand, they give  
22 rise to low-remanence flux-closure magnetic configurations of the nanoparticle aggregates, which  
23 are detrimental for the heat generation. Therefore, in order to produce nanocarriers loaded with  
24 magnetic nanoparticles with high heating performance for biomedical applications, one should  
25 control and balance these two competing effects.  
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### 36 37 **Supporting information**

38  
39 Characterization measurements on sample MagNPs: XRD, FT-IR, TGA (with and without magnetic  
40 field gradient). DLS analysis on samples PHC and PLC. Magnetization vs.  $T$  for the reference  
41 sample PLGA<sub>Ref</sub>.  
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### 46 47 **Acknowledgments**

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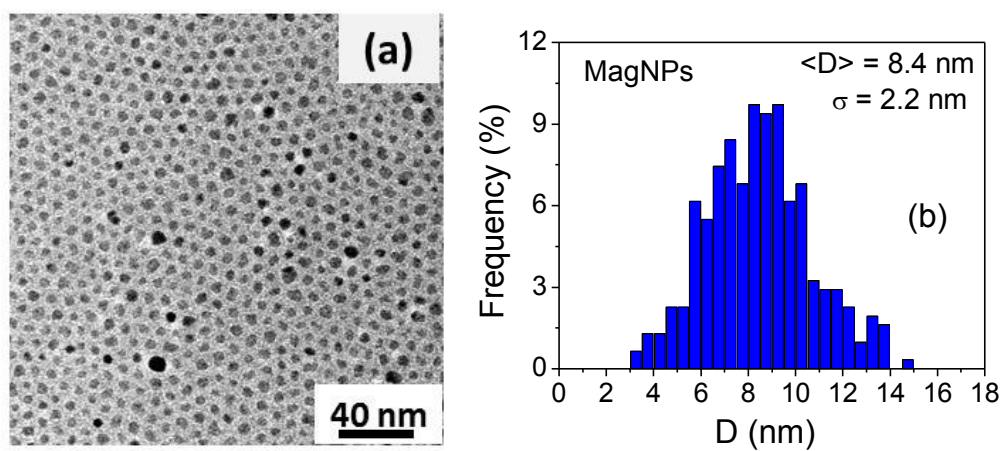
**Table 1.** The data refer to the samples labeled as indicated in Column 1. Columns 2 and 3: Magnetization  $M_{50\text{kOe}}$ , measured at  $H = 50 \text{ kOe}$ , at  $T = 5 \text{ K}$  and  $300 \text{ K}$ , respectively. For sample MagNPs, in addition to the values of  $M_{50\text{kOe}}$  obtained by normalizing the magnetic moment to the whole sample mass (including 15 wt.% of oleate), the values calculated excluding the mass of oleate are reported. Column 4: Weight fraction of MagNPs in the samples. Obviously, this fraction corresponds to the whole sample in the case of MagNPs. Column 5: squareness  $M_r / M^*_{50\text{kOe}}$  at  $T = 5 \text{ K}$ ;  $M_r$  is the remanent magnetization and  $M^*_{50\text{kOe}}$  is the calculated contribution of the magnetic nanoparticles only to the magnetization at  $T = 5 \text{ K}$  (for MagNPs,  $M_{50\text{kOe}}$  and  $M^*_{50\text{kOe}}$  coincide). Column 6: coercivity  $H_C$  at  $T = 5 \text{ K}$ .

Sample	$M_{50\text{kOe}}$ at $T = 5 \text{ K}$ (emu/g)	$M_{50\text{kOe}}$ at $T = 300 \text{ K}$ (emu/g)	MagNPs (wt.%)	$M_r / M^*_{50\text{kOe}}$ at $T = 5 \text{ K}$	$H_C$ (Oe) at $T = 5 \text{ K}$
MagNPs	$73.7 \pm 0.7$ (including oleate)	$58.2 \pm 0.6$ (including oleate)	100	$0.15 \pm 0.01$	$191 \pm 3$
	$86.7 \pm 1.7$ (excluding oleate)	$68.5 \pm 1.4$ (excluding oleate)			
PHC	$3.96 \pm 0.01$	$3.09 \pm 0.01$	$5.3 \pm 0.2$	$0.30 \pm 0.02$	$177 \pm 3$
PLC	$0.62 \pm 0.01$	$0.42 \pm 0.01$	$0.72 \pm 0.03$	$0.37 \pm 0.02$	$186 \pm 3$

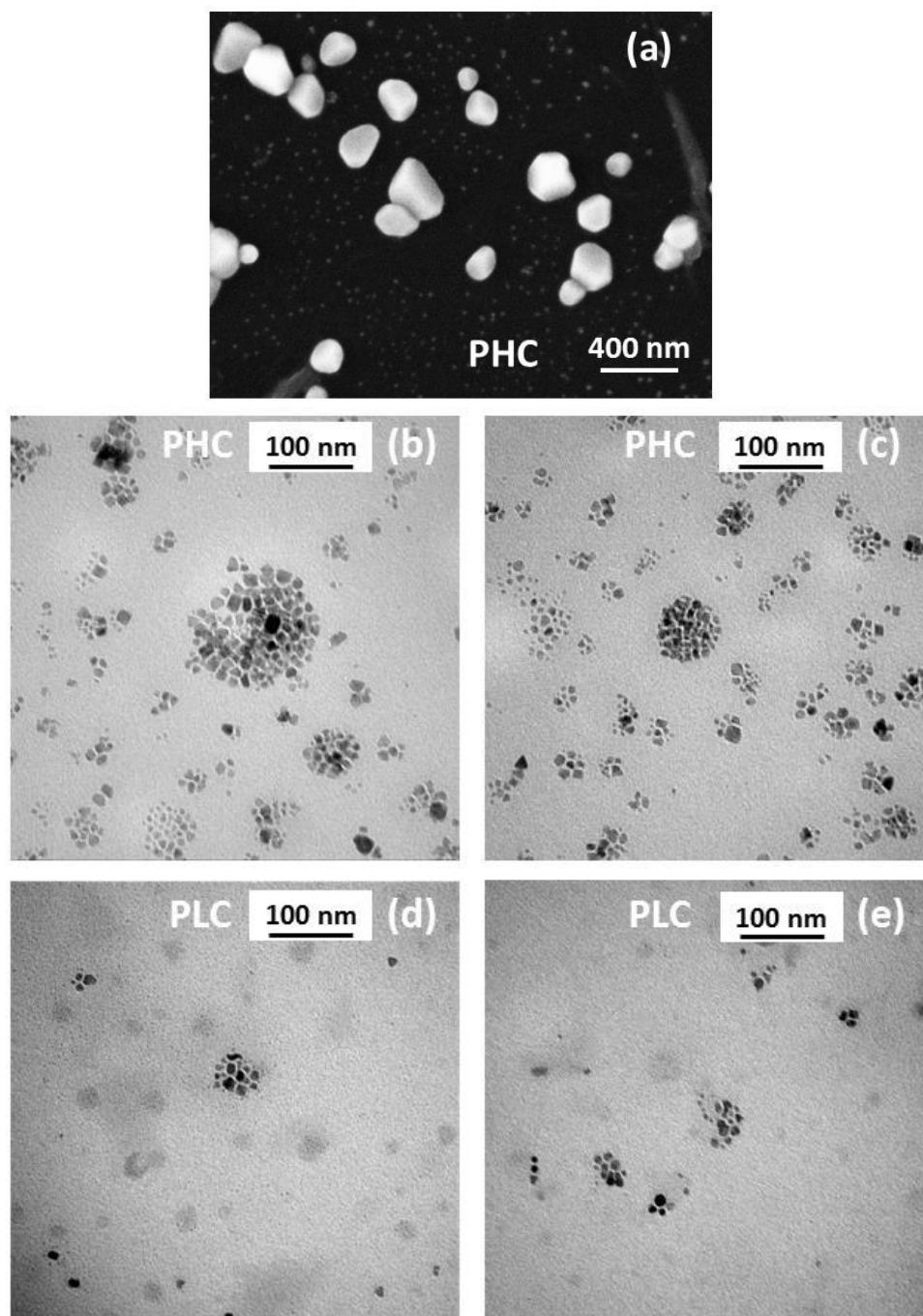
**Table 2.** The data refer to the samples labeled as indicated in Column 1. Columns 2, 3 and 4: isothermal remanence coercivity  $H_{C\_Ir}$ , demagnetization remanence coercivity  $H_{C\_Id}$  and effective interaction field IF, respectively ( $T = 5$  K). Columns 5 and 6: irreversibility field  $H_{irr}$  at  $T = 5$  K and effective magnetic anisotropy  $K_{eff}$ .

Sample	$H_{C\_Ir}$ (Oe) $\pm 3$ Oe	$H_{C\_Id}$ (Oe) $\pm 3$ Oe	IF (Oe) $\pm 6$ Oe	$H_{irr}$ (Oe) $\pm 2\%$	$K_{eff}$ ( $10^5$ erg/cm <sup>3</sup> ) ( $\pm 0.1$ )
MagNPs	680	438	242	1200	3.9
PHC	409	309	100	930	2.0
PLC	350	297	53	880	1.9

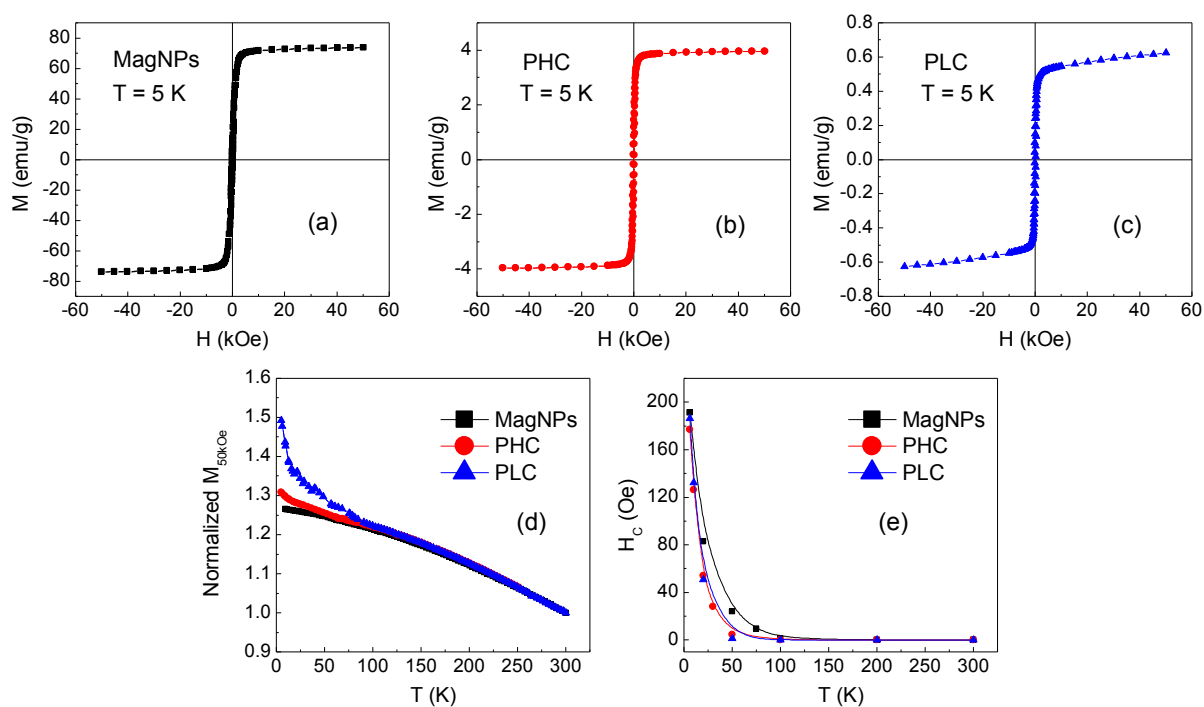




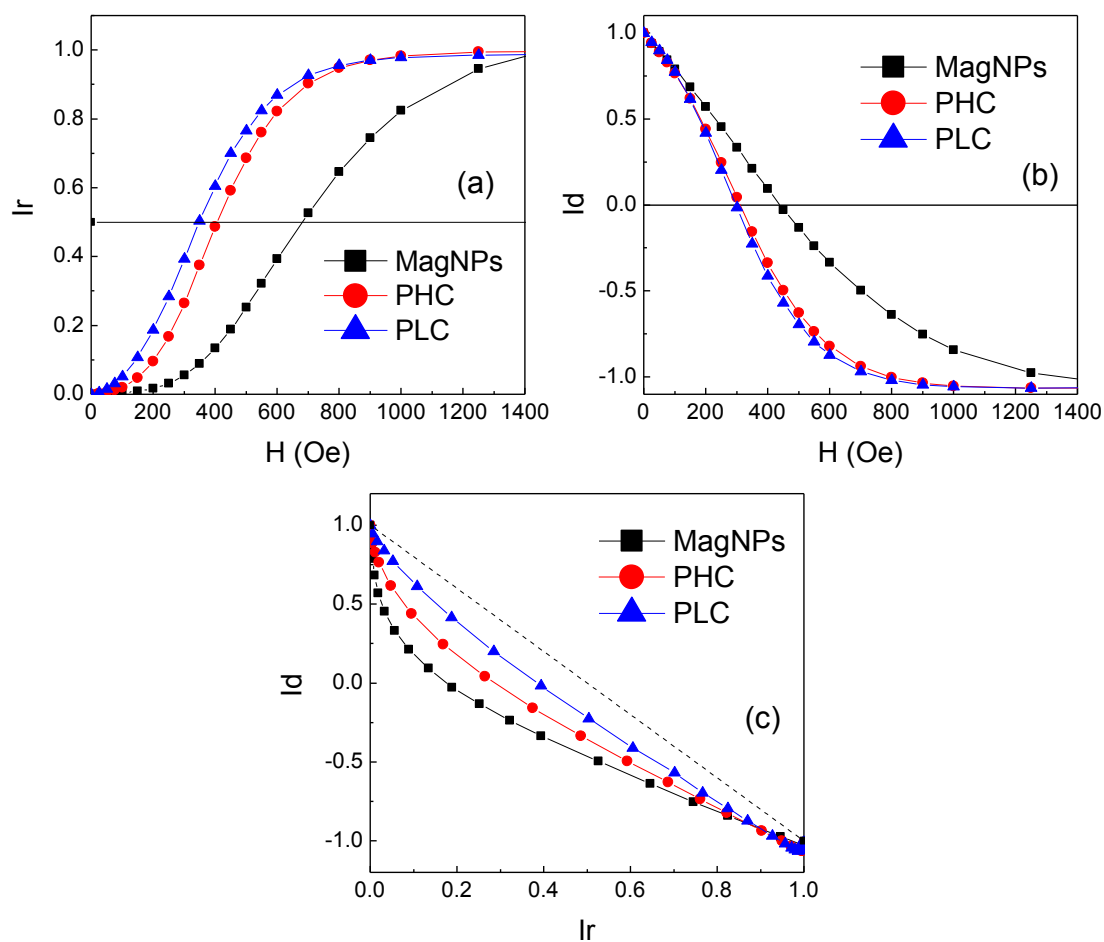
**Figure 1.** Typical TEM image (a) and size distribution (b) of the Mn-doped magnetite nanoparticles (sample MagNPs).



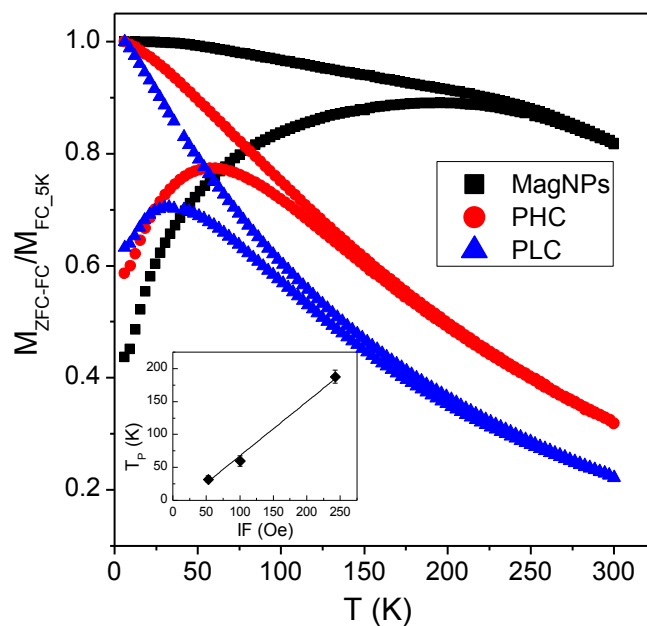
**Figure 2.** SEM image of sample PHC (a). Bright field TEM images of sample PHC (b-c) and sample PLC (d-e).



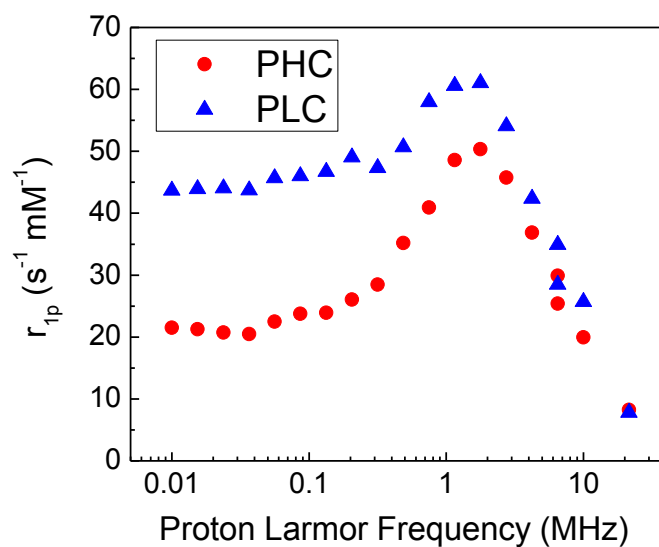
**Figure 3.** Magnetic hysteresis loops measured at  $T = 5$  K on the samples in the dried form: (a) MagNPs, (b) PHC and (c) PLC. (d) Curves of magnetization ( $M_{50\text{kOe}}$ ) vs. temperature ( $T$ ) measured on MagNPs, PHC and PLC in  $H = 50$  kOe, normalized to their values at  $T = 300$  K. (e) Curves of the coercivity  $H_C$  vs.  $T$  for the three samples.



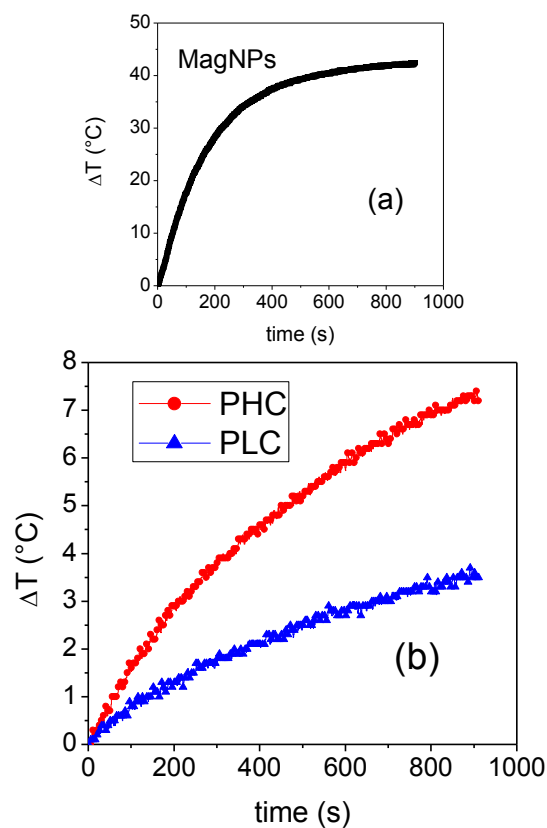
**Figure 4.** Magnetic remanence curves measured at  $T = 5$  K on MagNPs, PHC and PLC: (a)  $I_r$  curves, from which one can derive the isothermal remanence coercivity  $H_{C_{I_r}}$ , which corresponds to the field at which  $I_r = 0.5$ ; (b)  $I_d$  curves, from which one can derive the demagnetization remanence coercivity  $H_{C_{I_d}}$ , which is the field at which  $I_d = 0$ . (c) Henkel plots for the three samples ( $T = 5$  K). The dotted line is the linear Henkel plot expected for non-interacting nanoparticles.



**Figure 5.** Magnetization measured on MagNPs, PHC and PLC for increasing temperature at  $H_{\text{appl}} = 20$  Oe, after zero-field-cooling ( $M_{ZFC}$ , lower branch of each displayed curve) and after field-cooling ( $M_{FC}$ , upper branch). The curves are normalized to the value of  $M_{FC}$  at  $T = 5$  K. Inset: Peak temperature of  $M_{ZFC}$  ( $T_p$ ) shown as a function of the parameter  $IF$  (effective interaction field).



**Figure 6.**  $1/T_1$  NMRD profiles of samples PHC and PLC measured at  $T = 25^\circ\text{C}$ . The relaxation rates reported on the y-axis [ $r_{1p}$  ( $s^{-1} mM^{-1}$ )] are normalized to the (Fe+Mn) concentration (measured by ICP-MS). The relaxation rate of HBS without nanoparticles is between  $0.42\text{-}0.35 s^{-1}$  in the entire range of frequencies.



**Figure 7.** (a) Heating curves for the Mn-doped magnetite nanoparticles (sample MagNPs) dispersed in n-octane, measured in an alternating magnetic field of amplitude  $H_{\max} = 228$  Oe (i.e. 18 kA/m) and frequency  $f_m = 245$  kHz. The temperature increase  $\Delta T$  vs. time is plotted. (b) Heating curves for samples PHC and PLC in HBS buffer, measured in the same alternating field used for MagNPs.

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